

Daily Word

UNITY PUBLICATION...NOVEMBER 1945



Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought and purpose for the good of all humanity.

OCT. 20 to NOV. 19

ILLUMINATION (11 a. m.): God's guiding hand leads me, and every doubt is dissipated.

NOV. 20 to DEC. 19

ILLUMINATION (11 a. m.): The light that never was on land or sea now shines for me.

PROSPERITY (12 noon): God's abundance is poured into my lap, and plenty appears.

PROSPERITY (12 noon): The fullness of Spirit substance is now made manifest in my affairs.

HEALING (9 p. m.): God's perfect plan of bodily perfection is bearing fruit, and I am made whole.

HEALING (9 p. m.): The fullness of God's vitalizing life quickens and heals my mind and body.

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Charles Fillmore, cofounder of Unity, turning the first spadeful of dirt for the new Unity Temple at 47th and Jefferson, Kansas City, Mo.

The above picture tells a story that we think you will be interested in. For a long time the Unity Society of Practical Christianity in Kansas City, Missouri, has needed and wanted a new home. Some of our readers may remember reading about the temple project in the Unity publications several years back. Now the ground has been broken for the new building and plans are going forward for the erection of a temple of which Unity people everywhere can be very proud. We are blessing everything concerned with the building of the new Unity Temple, its location, the board members, the financial committee, the building materials, the workmen. We know that our Unity friends everywhere will join us in giving their blessing to this project.

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DAILY WORD

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Vol. 43

NOVEMBER, 1945

No. 5

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DAILY LESSONS FOR NOVEMBER

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Cover Photo—Harold M. Lambert

Perspective

BEVA RICE

I SAT IN THE Unity Chapel in Kansas City looking up at the mural painting behind the pulpit. The theme of the painting is love, and the artist has used Unity's winged sphere on a sky-and-cloud background. There is the glowing circle on which the word "love" is lettered, and the wide expanse of wings, which to me have always represented the everlasting arms. I thought of what a good perspective the mural painter must have. Although the design is so large that the artist had to work from a ladder the design must retain its perfect proportions from every point of view. Almost as if it had emerged from the blue clouds of the mural before me came the thought that each of us is like a mural painter. Like the mural painter, no matter how large may seem the proportions of our undertaking, if we keep in mind the original design we can reach out with bold strokes and be confident of perfect dimensions.

We may compare the working out of our life to the outpicturing on canvas of an artist's idea. If the artist applies a color that seems to be a mistake he can work with it and change it. Sometimes we come to a place where the color of our life

seems off, where a dark or drab note enters in. Like the artist, we can change the tone and color of our life, and with the right perspective we come to see how these dark places work into and form the background for some of the most colorful and interesting parts of our life. Often they become the shadows that bring out the high lights. Contrast makes for an interesting picture, and contrast can lend charm and interest to a life, if we are artist enough to appreciate it.

My thoughts turned to the artist, Mrs. Gilbert Worley, the painter of the mural in the chapel of the Unity Society in Kansas City. Surely she has kept her perspective clear in her life as well as in her painting. As the mother of an Army Air Corps officer who was killed in the crash of his plane she has valiantly held fast to her vision of the beauty and wonder of life. Emerging from the first "fog of despair that had no ceiling," she was led through prayer to paint "Wings of Destiny" in memory of her only son. She presented it to Randolph Field where it is inspiring other mother's sons to feel their true indentivity. Although Mrs. Worley had formerly assisted another mural painter, she did not feel that either in ability or training could she rightly consider herself an artist. But after long hours of prayer she came to feel that God working through her could carry out the

ideas that she felt a deep inner urge to express through painting. During the weeks that followed many difficulties presented themselves, but through prayer she was guided into the fulfillment of her vision. "At no time," she says, "was I sure of my next move, but God always helped me." I learned a lot about perspective in other matters by just thinking as I worked. I think it was then that I began to realize how small my own little grief is in relation to the terrible weight of grief oppressing the world."

Through the inspired painting of the mural "Wings of Destiny" and other murals that have followed she has been guided not only to help some change their perspective but to use words to help those blinded by grief. The poem "Higher Flight," which she wrote and at first copied over and over to send to grief-stricken mothers, is now being sent by the War Department in letters to the parents of those killed in service.

My thoughts came back to the service I was attending, and as Charles Fillmore rose to speak I thought, "Here too is a living testimony of the success of one who has a true perspective, whose life has become a 'masterpiece.'"

As a young man he was sickly and continued so into middle age. He seemed to have come to an end to everything worth while in his life, for in

addition to his health he had also lost a fortune in business. Surely here was no "masterpiece" in the making! But suddenly he caught the vision of the perfect pattern implanted within him. It has been fifty years now since that middle-aged man discovered within himself a talent for living and giving. He stands here before us radiant with the joy of living, healthy and happy, and wise with a wisdom that combines humor and understanding, profound thinking with practicality. He who had lost health and fortune found both again. But the fortune he possesses now can never slip away; his new estate is made up of a wealth of rich and true ideas. These he has given away through the years in a prodigal manner to the thousands of persons who have turned to him and to the work he helped to found, the Unity movement, for helpful guidance in the building or rebuilding of their life.

As we rose for the closing benediction I silently uttered a prayer: "Father-God, help me keep my perspective true to Thy perfect pattern. Help me remember that no matter how unpromising the picture of my life appears I can make it into a masterpiece. I would be an artist in living; I would see the experiences of my life with the eye of an artist; I would, like the artist, keep my vision of completed perfection always in mind."

NOVEMBER 1

Thursday

GOD HAS NEED OF ME, AND HE GUIDES ME TO THE PLACES AND PERSONS I CAN BEST SERVE.

WITH MEN returning from the war, with the shift from warmaking to peacemaking there will be adjustments to be made, there will be many persons in need of guidance regarding their right placement as to work and home.

If you are in need of such guidance or if you would help someone in need of such guidance let your help and your prayer be based on the idea that there is a right place for every one of God's children, a place where he can be happy and successful, where he can give expression to his particular abilities. Every one of us is needed; we are more important than we realize. And when we open our mind to the idea that there is a right place for us, we open the way for our guidance into this place.

The development of our special capabilities, whatever they may be, our interest in life and in the world about us, helps us create a place for ourselves, helps us to be happy wherever we find ourselves.

✿ *Guide our feet into the way of peace.*—LUKE 1:79.

Friday

NOVEMBER 2

CHRIST IN ME GIVES ME FAITH AND COURAGE
AND STABILITY OF MIND AND SOUL.

“**L**O, I AM with you always.” It is Christ in the heart of you that speaks these words. He whose Spirit fills your prayers with power is with you now.

No matter how disheartening appearances have been, in His Spirit there is the faith that sees beyond appearances. In His Spirit there is the courage to press ahead. In His Spirit there is stability of mind and soul.

It is not on human powers that you have to depend for help. There is one with you who is mightier than all the world. In the morning when you wake, turn to Christ and let His love infold you. During the day know that wherever you go, whatever you have to do, He is with you to help you on your way. In the evening before going to sleep, relax and commune with Him for a while in the silence.

“Lo, I am with you always.” Christ will lift you out of all thoughts and conditions of the past into a new consciousness of life, into a life triumphant and glorious.

✿ *Lo, I am with you always.*—MATT. 28:20.

NOVEMBER 3

Saturday

I OPEN MY LIFE TO RECEIVE THE LOVE AND
JOY AND PEACE OF SPIRIT.

YOUR HEART tells you that you can have love and joy and peace. You can open your life to receive these gifts of the Father by quiet prayer and steadfast faith.

Because God sees within the deep recesses of your heart and mind, He knows the persons, the circumstances, and the events that will satisfy your needs and bring you contentment. Place your trust in His guidance and loving care and you will be blessed.

Power over the outer world comes with the control of thoughts and emotions. So keep your thoughts stayed on the goodness of God and have faith in Him to bless mind, body, and affairs with order. In this way you will insure the outworking of God's good plan for you.

Because you are seeking God's help and because His response is always immediate and satisfying, you can know that your prayers are being answered, that an inner work is being done that establishes you in your good.

✿ *He that ruleth his spirit, [is better] than he that taketh a city.*—PROV. 16:32.

Sunday

NOVEMBER 4

I KNOW GOD AS THE LIFE OF MY BODY, THE INTELLIGENCE OF MY MIND, THE LOVE OF MY HEART, AND I EXPRESS HIS GOOD IN EVERY PHASE OF MY LIFE.

THROUGH THEIR education and training most people think of religion as something apart from their everyday life. They read of the healings and teachings of Jesus as wonderful stories. They go to church and are inspired by what they are told of God's love for them and Jesus' sacrifice. But they fail to realize that this all has to do with the science of their own being and with happy, healthy, prosperous living; that to be made in the image and likeness of God means that we have in our own body, mind, and heart the life, love, and wisdom of God Himself.

How do we come to understand the true essence of religion and the extent of our own powers? Through the practice of silent prayer and meditation. When mind and heart are stilled, that which has been thought of as mysterious and unfathomable is revealed, not just to one person or a few but to everyone who turns within for light.

✿ *The glory of this mystery . . . is Christ in you.*—COL. 1:27.

MY HEART AND MIND AND LIFE ARE OPEN
NOW TO THE HAPPINESS OF SPIRIT.

GOD is blessing you now! He blesses you because you have turned to Him in faith and prayer and with a heart that is open and receptive.

When happiness is desired it is wisdom indeed to go to the source of happiness, for God so well understands the heart's need for joy and satisfaction. He knows too the perfect way of meeting that need. He is a true physician of the soul, and when He is given the freedom to do so, He ministers to it with such thoroughness and loving-kindness that no emptiness or lack can remain.

If you find your desires being fulfilled in a manner other than you may have planned, remain poised and trust the Father's wisdom to work out all things for your ultimate good. The outer world will always be right when your inner life is peaceful and harmonious. Prayer will help you make every inner and outer adjustment that is necessary to your complete happiness.

*The plans of the heart belong to man;
But the answer of the tongue is from Jehovah.*

—PROV. 16:1.

Tuesday

NOVEMBER 6

FATHER, I THANK THEE THAT IN THIS VERY
MOMENT THOU ART MY LIFE, UNFAILING,
FULL, AND FREE.

DOES YOUR body tell you that it is tired? You have the power to deny this and to fill your consciousness with a realization of abundant life.

There is only one life, and this one life expresses itself through every living thing. Its degree of expression depends upon the consciousness through which it is seeking expression. We can express as much life as we will open our consciousness to receive.

The life in your body is as young as the life in a child's body, as strong as the life in an athlete's body. Your consciousness of life may have become established in set molds, old ideas, but life does not grow old. Life cannot be diseased or weak. Life is changeless, perfect. Fill your consciousness with the realization of the one, omnipresent, limitless, unchanging life and you will become the ever-renewing, ever-unfolding expression of infinite life.

✿ *The words that I have spoken unto you . . . are life.*
—JOHN 6:63.

NOVEMBER 7

Wednesday

I HAVE FAITH THAT GOD CAN AND WILL
BLESS ME WITH DIVINE GOOD.

THE VERY fact that you are reading this lesson proves that you are looking past the limitations of things as they seem, and that you recognize behind every appearance the protecting, guiding love of God, the wonder of His overshadowing presence, the fullness of His life, the bounty of His good.

In praying for any blessing it is important to abide in the conviction that "God can and God will." Nothing is too hard for Him. No limitation can possibly prevent His perfect work from being done. His love for His children is so great that He is sure to bless whatever needs are intrusted to Him when those who pray truly depend on Him for their good.

Let the phrase "God can and God will" be engraved on your heart, never to be forgotten. You can ever trust Him to bring forth good. Willingly accept His way of answering your prayer, and you will find it always to be the perfect way.

"God can and God will" manifest His good!

✱ *My heart hath trusted in him, and I am helped.*
—PSALMS 28:7.

Thursday

NOVEMBER 8

I AM IN TUNE WITH SPIRITUAL LAW, AND
ALL MY AFFAIRS ARE IN DIVINE ORDER.

THERE IS A spiritual law underlying all life. When men and nature are in tune with this law there is heavenly harmony. It is like a beautiful symphony, where many instruments blend to create a perfect tone.

All human difficulties, whether individual, national, or international, can be adjusted when we look to and rely on the spiritual law of God. As individuals we discover His law of good by keeping attuned to the still small voice within. We can bring order into our life and environment by bringing God into them. Inharmony is not of God, and where the presence of God is recognized and realized divine order reigns.

"Order is Heaven's first law." As you keep your mind and heart and life in order you will not fear or resist change; you will find a blessing in every experience, you will have faith that all things are working together for ultimate good, you will be in tune with spiritual law.

✿ *I will put my law in their inward parts, and in their heart will I write it; and I will be their God, and they shall be my people.—JER. 31:33.*

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NOVEMBER 9

Friday

I HAVE FAITH THAT GOD'S UNLIMITED GOOD
IS AT WORK IN MY LIFE AND AFFAIRS AND
THAT ALL IS WELL NOW.

THIS IS prayer in its highest form, for it is accepting with faith that which is really true about you. God's power to help you and to be made manifest in your life depends on you, on your faith in Him. The wonderful fact that God is now and at all times working for your unlimited good in every way is absolute truth. You can depend on Him and rely on Him as the only real power in your life. Then when you say, "I have faith," you are doing your part in making yourself ready for the blessings at hand. This is your part in removing all obstacles of doubt, fear, or anxiety. This is your part in letting go and letting God work.

Say often then, "I have faith," and strengthen your faith by repeating often a positive statement like today's daily word. Accept without question the fact that God, good, is at work now, that He is the only power and presence in your life, and that all is well now!

✱ *And he said unto them, Where is your faith?—LUKE 8:25.*

Saturday

NOVEMBER 10

THROUGH CHRIST I AM FREE TO EXPRESS MY
DIVINE SELF. THROUGH CHRIST ALL CREA-
TION IS FREE.

IT IS not always easy to accept the freedom that is ours by divine right. So many times we allow human sympathies and sentiments to hold us to circumstances and situations that complicate our lives and keep us from the kind of expression we really long for.

When we can realize and accept the Truth that every person has equal access to God and that God loves and cares for every one of His children alike, we can understand more clearly why we are never really responsible for another person to the degree of denying our own divine urges, and we can understand why we should never hold another in a thought of responsibility to us.

When we follow the promptings of the Christ love, we fulfill the responsibilities that are ours, and we recognize where another's responsibility to us ends. We are free to fulfill ourselves in the way that will bring us joy and satisfaction, and we give this same freedom to every other person.

✿ *Creation . . . shall be delivered . . . into the liberty of the glory of the children of God.*—ROM. 8:21.

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IN QUIETNESS AND CONFIDENCE I FACE MY PROBLEMS, AND THE VERY SPIRIT OF GOD WORKS THROUGH ME.

P RAYER IS the perfect medium for solving problems, for out of the quietness of prayer the solution to any human complication will inevitably come.

Whatever the nature of a problem or its proportions, it is subject to the ever-active, all-adjusting love of God. A quiet heart receives the strength to stand firm in this faith, knowing that all will turn out well. A quiet heart radiates a sense of serenity and satisfaction to those who are confused and restless. A quiet heart is given the inspiration to deal wisely and kindly with others and to say and do the things that bring peace.

"In quietness and in confidence shall be your strength." Even one person poised and centered in the consciousness of his own divinity has the power to bless everyone around him with peace and order. In quietness and confidence face your problems, and God will work through you.

✦ *Now the Lord of peace himself give you peace.—II THESS. 3:16.*

Monday

NOVEMBER 12

THIS IS THE DAY THE LORD HAS MADE: I WILL
REJOICE AND BE GLAD IN IT.

“**T**HIS *is* the day *which* the LORD hath made;
we will rejoice and be glad in it.”

This is the day, this is the time, to trust in God and to know that He is present in every circumstance, in every condition. Rejoice in the knowledge that God is with you, that He is working through you to bring about perfect answers to prayer.

Think of the power of God as active now; know that His presence guides, blesses, and protects; rejoice that today you are filled with greater understanding of His Spirit, which permeates all persons, all conditions, all circumstances, bringing forth peace, order, and righteousness.

Every morning when you awake say to yourself: “This is the day which the Lord hath made.” Rejoice in the realization that what the Lord has made is under His loving care and that His help is constantly at hand. Know that now today, even as you pray, God’s perfect work is being done. Today is a good day, and blessings are on the way.

✻ *This is the day which the LORD hath made.*—PSALMS
118:24 (A. V.).

NOVEMBER 13

Tuesday

I AM CENTERED AND POISED IN THE CHRIST MIND, AND NOTHING CAN DISTURB THE CALM PEACE OF MY SOUL.

TO TAKE the idea "None of these things move me" helps develop emotional control, but it should not mean emotional suppression. We cannot express the Spirit of God within us, which is the Spirit of love, of understanding, if we have no feeling for other persons, if we are not stirred and thrilled by life.

What "None of these things move me" means is that we have found the center of poise and control within ourselves, the Christ Spirit, and we can face anything or anyone without going off balance and losing our inner stability and power.

When we stand unmoved in the face of grief, it does not mean that we stand stolid and actionless. Our inner poise keeps us from adding our grief to the grief of another, but our feeling, our understanding, helps us to add our strength and our faith to him so that he is better able to rise out of sadness.

He will sustain thee:

He will never suffer the righteous to be moved.

—PSALMS 55:22.



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Harvest the Good

MYRTLE VORST SHEPPARD

Harvest the days as you
Would golden grain.
Thresh carefully the good
From every hour
And store the wealth you gather
In the deep bins of your soul;
For he who learns to hold
God's goodness in his heart
Against the day of need
Is never starved or cold!

JOSEF MUEKCH PHOTO

Wednesday

NOVEMBER 14

I GIVE EXPRESSION TO THE SPIRIT OF GOD IN ME, AND I AM FREE AND HAPPY IN MY HEART.

DO YOU have the problem of jealousy to deal with? We recognize jealous symptoms in others easily, but we do not always recognize them in ourselves. Were we to analyze our feeling of ill-will toward another person we would oftentimes realize that the cause is jealousy on our part rather than some act on his.

How can we deal with this unhappy feeling in us that distorts our viewpoint? One way is to bless the one we feel jealous of and try honestly to appreciate his good qualities. We shall find that by admitting that there are good reasons for liking him we are in no way lessening our own chances for happiness.

A feeling of jealousy betrays a lack of self-confidence and self-approval. Oftentimes we are only half expressing ourselves, and so do not get the response and appreciation from others that we long for. Our full expression of the Spirit of God within us is the means of happiness, of freedom from feelings like jealousy, of joyous and successful living.

◆ *Renew a right spirit within me.*—PSALMS 51:10.

NOVEMBER 15

Thursday

THE ACTION OF THE HOLY SPIRIT IS EXPRESSED THROUGH ME.

SPIRIT is action. In the common use of the word "spirit" action is suggested. When we speak of a person as having "spirit," do we picture passivity? When Jesus said, "God is Spirit: and they that worship him must worship in spirit and truth," He was not advocating a passive religion, a doctrine of withdrawal, a lifeless, uninteresting "goodness."

Life is activity. Life is pulsating, vital activity, so swift in its tempo that it seems to stand still! To pray and then not act upon the new impetus for living that prayer should bring is a destructive process. It is like dreaming pleasant dreams, but never waking up to life. Act on your faith; act on your prayers even if only in what seem to be simple ways. If you have prayed for guidance, do something, even if only to decide that to do nothing is your cue at present. Your making a positive decision is acting on your prayer. Let some of the marvelous energy and power of the Holy Spirit express through you, and you will begin to feel more and more alive.

✿ *God is Spirit.*—JOHN 4:24.

Friday

NOVEMBER 16

I HAVE FAITH IN THE TRUTH THAT THIS IS GOD'S WORLD AND WE ARE HIS CHILDREN.

IN THESE days we may indeed feel that "the world is too much with us." It may seem almost impossible for the average mind to understand the politics of the world, to follow the trend of current thought, when so many varying ideas are presented, discussed, and argued.

Even though we may not feel that we understand all that is going on in the world, we can take a very real part in the shaping of world affairs, in the construction of lasting peace by implementing the affairs of the outer world with thoughts and prayers that hold to the truth about God's creation, man, and the world he is making for himself. As you listen to your radio, as you read your newspaper, as you sit in on discussions of current events, keep from confusion by keeping in mind the truth that this is God's world, that man is created in God's image and likeness, that in spite of man's seeming failure to express this image and likeness he is progressing, he is growing, he is learning.

✻ *To them that love God all things work together for good.*—ROM. 8:28.

NOVEMBER 17

Saturday

"LORD, IN THE QUIET OF THIS MORNING HOUR
I COME TO THEE FOR PEACE, FOR WISDOM,
POWER."

WITH DEEP faith I know that God is aware of my every need. I do not have to beg Him or plead with Him, for even before I ask He knows my every desire.

I make my prayer time a time of instruction. During these quiet hours I receive His loving guidance, His wisdom, His direction. No longer in these periods of intercommunion do I make petitions to God. I know now that the purpose of my prayer is not to make God aware of my needs; it is to make me aware of God so that I may be the blessed receiver of His strength, His illumination, His power.

My prayer time is a time of instruction in which I am directed to right answers. It is a time of building in which my trust increases and my understanding of Truth grows. It is a time of quiet with God from which I gain courage and strength for daily living.

✿ *Your Father knoweth what things ye have need of, before ye ask him. After this manner therefore pray ye.*

—MATT. 6:8, 9.

Sunday

NOVEMBER 18

I JOYOUSLY EXPRESS GOD'S LOVE TODAY.

BY MY everyday living I will endeavor to express more of God's love. It is my privilege and joy to be a channel for divine love.

Through a more constant turning to God for His love I shall find an increase of love in my own heart to share with all people, a great impersonal love that is uplifting and for the good of all.

As I express love toward others love will be expressed toward me until love becomes the atmosphere in which I dwell. By the light of love all my thoughts are illumined, my thinking is clear and true. Under the impetus of divine love my actions are blessed and accomplish good.

I will make a song of praise to God by giving expression to His love. I will bring my gift of good to the world by accomplishing worthy deeds, deeds blessed and inspired by divine love. Thus my heart will share the love that God has given me; thus I shall find the true way of happiness and fulfillment.

✿ *This is my commandment, that ye love one another, even as I have loved you.—JOHN 15:12.*

NOVEMBER 19

Monday

THROUGH CHRIST IN ME I MEET LIFE WITH A
GALLANT HEART.

BECAUSE THE love and power and goodness of the Father are proved again and again by His children it is with much confidence that we say, "Stand up gallantly to your problem!"

The gallant spirit always sees through the personal involvements to the final outcome, and has the faith to believe that all things work together for good and for happiness.

Be patient with yourself! Being patient with yourself means freedom from regrets, from condemnation, from the remembrance of all that is past. Patience helps you refrain from thinking, speaking, or acting unkindly.

Be patient with others! Although the human part of an individual may err, the divine nature is ever reaching Godward. If your love is great enough you will remember this and be comforted in the knowledge that every child of God emerges from each experience into the light of His most holy presence and thereafter finds it easier to do that which is right and good.

* *Be gentle towards all, apt to teach, forbearing.*—II
TIM. 2:24.

Tuesday

NOVEMBER 20

THE LIGHT THAT NEVER WAS ON LAND OR SEA
NOW SHINES FOR ME.—UNITY CLASS THOUGHT.

OUR illumination thought for this month directs our attention to the truth that the light of Spirit, "the true light . . . which lighteth every man, coming into the world," though invisible to our mortal eyes, appears in all its radiant splendor to our spiritual eyes.

Since men first began to be conscious of their need for God, they have prayed for light, for greater wisdom and greater understanding of their heavenly Father and His love. The divine essence within them has ceaselessly urged them on toward that light. It is interesting to note that as men's understanding of spiritual matters has increased there has been a corresponding increase of illumination throughout the world. The divine light cannot be hidden save as men blot it out through ignorance or self-will.

God's light of wisdom and understanding now shines for us. Let us behold the light and rejoice in His name.

✿ *All things that are discovered are made manifest by the light: for whatsoever doth manifest is light.—EPH. 5:13 (A. V., Margin).*

NOVEMBER 21

Wednesday

THE FULLNESS OF SPIRIT SUBSTANCE IS NOW
MADE MANIFEST IN MY AFFAIRS.—UNITY CLASS
THOUGHT.

IN OUR study of the science of mind action we learn that the thought is father to the realization; that what we think determines what we receive and have. What we sow in thought we reap in manifestation.

If we desire to have a greater manifestation of substance or supply, our first step in the fulfillment of this desire is to sow thoughts of plenty and abundance. This may involve a change in our thought pattern, for if we have until now been giving our attention to lack and insufficiency, we must henceforth direct it toward plenty, abundance, wealth, increase.

Then let us take these thought seeds of plenty and abundance and cultivate them assiduously so that they grow into a strong, vigorous crop, "white unto harvest," from which we may reap the divine increase, ten-, fifty-, a hundredfold, and more.

☛ *Lift up your eyes, and look on the fields, that they are white already unto harvest. . . . he that soweth and he that reapeth may rejoice.*—JOHN 4:35, 36.

Thursday

NOVEMBER 22

THE FULLNESS OF GOD'S VITALIZING LIFE
QUICKENS AND HEALS MY MIND AND BODY.

—UNITY CLASS THOUGHT.

MEN ARE even now learning how to liberate and control through scientific methods the tremendous energy locked up in the atomic structure of matter. The recent news of the "atomic bomb" involving the disintegration of uranium atoms has caused widespread speculation as to the extent to which this principle will affect the welfare of mankind.

What is of even greater importance to us as students of spiritual science is that today we are learning how to quicken and release the tremendous spiritual energy latent in our mind and body. Spirit, the life principle that animates and sustains us, is capable of manifesting greater energy than it is possible for us to conceive of. We are learning that we make contact with this infinite power of God through prayer, and that according to our faith it vitalizes, quickens, and heals us.

✿ *And you did he make alive . . . God . . . made us alive together with Christ . . . and raised us up with him, and made us to sit with him in the heavenly places.*

—EPH. 2:4, 5, 6.

BE STILL AND KNOW THAT I AM GOD.

THERE IS a presence in the heart of us that we feel when we are still. It is the very presence of God within us; it is the presence of love, of light, of peace, of power. In the stillness of the divine presence comes the blessed assurance:

"You belong to Me. I have created you, and I love you, My very own, with an everlasting love.

"I have given Myself to you, and even now I bless your mind with My intelligence, My understanding, My vision; I bless your heart with My love, My purity, My strength; I bless your soul with My inspiration, My glory, My goodness; I bless your body with My life and My substance.

"My light shines around and about you, unfolding you in heavenly peace.

"My power works its marvels in your life, establishing harmony and order in all your affairs and relations with others, opening to you new channels of abundant good.

"All that I am I have given you. Acknowledge Me! Love Me! Glorify Me, O beloved."

✻ *Be still, and know that I am God . . . I will be exalted in the earth.*—PSALMS 46:10.

Saturday

NOVEMBER 24

I GO FORWARD FEARLESSLY, REJOICING AT EVERY OUTER SIGN OF MY INNER COVENANT OF FAITH WITH GOD.

MANY PEOPLE long to do a different kind of work, move into new surroundings, make some change in their life, but because the change involves risk they hesitate to step out on faith, or else, like Peter, they begin to sink into the waters of doubt. You will recall that even though Peter started to sink he was saved the instant he looked to Christ.

If you have a constant, inner urge to break the bonds of the old life and begin anew, do not be afraid to follow your urge in spite of all the risks that may be involved. Remember that God will never have a chance to prove what He can do through you until you give Him the opportunity. One writer has said, "God is just as great as you and I will allow Him to be through us."

We do not have faith if we have to have proof before we make a move. It is faith when we have the courage to go forward even though there is no evidence that we shall be cared for. Such faith is rewarded. Such faith brings victory.

✿ *Certainly I will be with thee.*—EXOD. 3:12.

Sunday

I GREET EACH DAY WITH A HAPPY HEART,
KNOWING THAT IT HOLDS NEW JOYS AND
NEW OPPORTUNITIES FOR ME.

HOW UPLIFTING it is to greet each day with
a happy heart and a smiling face, to go
about your daily tasks in a spirit of opti-
mism and joy.

Never was there a greater need for persons of
good cheer than now. As you greet each day with
a smile, knowing that

"God's in His heaven—

All's right with the world,"

you can lift your own heart and the heart of those
depressed. You can know that a new day dawns
and that old thoughts and old conditions are as
waters that have passed away. As you greet each
day with a happy heart and a smiling face you will
be doing your bit to help the world rise out of
darkness into light.

It is your privilege as a spiritually enlightened
person to go forth each day showing by your
radiant countenance that you believe in the good-
ness of God and the gospel of good cheer.

♣ *All nations shall call him happy.*—PSALMS 72:17.

Monday

NOVEMBER 26

I TURN TO GOD AND TURN MY LIFE TOWARD
GOOD.

ARE YOU anxious about something? "In nothing be anxious; but in everything by prayer and . . . thanksgiving let your requests be made known unto God." Here is an excellent antidote for anxiety! Sometimes we carry along an underlying feeling of anxiety because we do not stop and face in ourselves what it is that we are anxious about. "Let your requests be made known unto God." To think through clearly what it is that we are anxious about, perhaps even to say in the stillness of our mind, "God, this is it," brings ease to mind and heart.

Even though we may not see an end to our troubles, a solution to our problem, we can put an end to our anxiety by turning to God. And we find that when our heart and mind are untroubled because we trust in God, our thinking is keener and clearer, our actions are surer, we feel that we are in control of our life.

When we turn anxiety into trust, troubles and problems disappear, and we see life as a rich experience.

✿ *In nothing be anxious.*—PHIL. 4:6.

MY HEART IS FILLED WITH THE LOVE OF GOD,
WHICH CASTS OUT ALL FEAR.

NOT MANY of us realize that we cut ourselves off from our own good. We want love, we want friends, we want richness and a fullness in our life; but do we free our mind and heart from fear so that we can receive our own?

Fear such as the fear of criticism, the fear of hurt or disillusionment, the fear of the strange, the new, the untried, sets up barriers to free expression of our true self and free reception of our good. Those who heed their fears do not give themselves a chance for happiness.

When we have harbored fear for a long time, it is not always easy to overcome it. The approach to the overcoming of fear is not the same for all persons. Some respond to fear by challenging it face to face, denying it, and thus overcoming it. But others choose the way of affirmation; that is, they turn mind and heart away from the seeming fear toward God and allow His love and freedom and power to fill them. God's love reveals the Truth, warms the heart, and casts out all fear.

✱ *Perfect love casteth out fear.*—I JOHN 4:18.

Wednesday

NOVEMBER 28

I AM THANKFUL FOR MY UNITY WITH GOD
AND WITH HIS CHILDREN.

HAVE YOU ever thought about the interdependence of yourself and other persons? This page which you are now reading would have been an impossibility without the co-operation of many persons: the writer, the editor, the proofreader, the compositor, the layout man, the printer, the folder, the binder, the post-office employees, the railroad employees, the mailman who delivered the magazine to your door. All these persons are dependent on you, for without your desire to read this page, their assistance in preparing and getting it to you would have been unnecessary.

We take the interdependence of ourselves and other persons for granted, we take our trust in other persons for granted. Even the most distrustful of human beings trusts thousands of unknown persons every day and so adds to the comfort, the enjoyment, and the interest of his life. When we think about this interdependence of man and man we can see behind it the oneness of Spirit that makes us members of a spiritual brotherhood.

♣ *Dwell together in unity.*—PSALMS 133:1 (A. V.).

Thursday

WE THANK THEE, LORD, FOR VICTORY AND
PEACE.

OUR forefathers on the first Thanksgiving Day gave thanks for the very fact of being alive. They had been through hardships, they had had to work and fight for the right to exist; the challenges of the environment had been so great that their feeling of thankfulness was intense and from the heart.

Probably at no time in our history since that first Thanksgiving Day have we, the American people, had so much reason to celebrate a day of national thanksgiving. This time last year our Thanksgiving Day was a day of prayer, a fervent prayer for victory, for an end to war and bloodshed. Today all of us can enter into the real spirit of thanksgiving, we can say from our heart, "Thank You, God, for victory and peace."

The war years through which we have traveled together have brought us close together in heart and spirit and purpose. As we give thanks for victory and peace let us give thanks also for unity of thought and purpose among all nations.

✠ *Offer unto God thanksgiving.*—PSALMS 50:14 (A. V.).

I TURN TO GOD FOR HIS GUIDING WISDOM IN ALL THINGS.

I CAN act wisely at all times, for it is my privilege and my right to turn to God for His guiding wisdom in all things.

Now that man all over the world has been brought closer to his brother, it is urgent that he act wisely at all times. In the heart of mankind the dream of a brotherhood of man is nearing the morning of its realization. To maintain such a brotherhood it is necessary that every man act wisely in all things.

God uppermost in the heart of every man can make peace an everlasting state in which men can live in loving harmony and in service for the benefit of all. It is with God's wisdom on his lips that man must speak to man. It is with God's love in his heart that man must serve his brother.

God will guide our every action if we will but seek His companionship. He will guide our thoughts wisely and instill in us the illumination of His wisdom if we will but turn to Him. Let us turn to God for His guiding wisdom in all things.

✿ *For the LORD giveth wisdom: out of his mouth cometh knowledge and understanding.—PROV. 2:6 (A. V.).*

Important Announcement

To All Overseas Servicemen or Their Families

Subscriptions for Unity periodicals entered at any time during the war for members of the armed forces have not been allowed to expire but have been kept permanently on our active list, and copies have been mailed regularly.

However due to the present movement of troops most magazines going to servicemen overseas are now undeliverable. Therefore it is necessary for Unity to stop mailing all its magazines addressed to servicemen overseas until we receive the subscriber's home address or a more or less permanent service address.

When a serviceman (or his family) sends us his new address the last address at which he received his magazines should be included so that we can locate our records. Unity wants very much to continue sending copies due on service subscriptions, as well as additional copies if they are desired, even after military personnel returns to civilian status.

Unity Books for Christmas Giving—Order Early

These books are \$1 each in the standard binding; \$2 in the de luxe binding. Special offer of six \$1 books for \$5 (\$2 de luxe books not included in this offer).

<i>Beginning Again</i>	<i>Christian Healing</i>
..... Standard Standard
..... De luxe De luxe
<i>God a Present Help</i>	<i>Prosperity</i>
..... Standard Standard
..... De luxe De luxe
<i>Lessons in Truth</i>	<i>The Sunlit Way</i>
..... Standard Standard
..... De luxe De luxe

Check the books you want, clip the entire announcement, and attach to your letter or to a slip of paper bearing your name and address.

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Announcing

Effectual Prayer, by Francis W. Foulks

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If you are eager to increase your knowledge of prayer you will find this book in its new Unity edition a companionable and steadfast guide toward "effectual prayer."

All the phases of prayer are covered extensively, and there is an illuminating explanation of the three activities of mind: conscious, subconscious, and superconscious.

Spiritual Remedies for Special Needs

Miss Foulks follows her explanation of prayer with twenty-eight meditations on assorted subjects. A section of the book is devoted to prayer treatments—spiritual remedies—for handling one hundred special needs or health situations. These treatments are designed to bring the mind and body into the obedience to Spirit.

When you order your copy of EFFECTUAL PRAYER, you will want to include copies for Christmas giving. EFFECTUAL PRAYER will appeal to any person on your gift list regardless of his belief or ideas about religion. In its beautiful new Unity edition EFFECTUAL PRAYER is priced at only \$1 a copy.

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Order Your Unity Greeting Booklets Now!

CHRISTMAS will be here before you realize it. Now is the time to order your supply of greeting booklets so that you may have time to address them and send them on to your friends as Christmas remembrances that will provide them with a fresh, spirit-lifting viewpoint for the holiday season.

The Newest Greeting Booklet

FIRST THINGS FIRST

by Patricia Nelson



FIRST THINGS FIRST is the story of Bea McHugh who endured many trials before accepting the teachings of Truth that friends had recommended to her as the way out of her difficulties. Any reader feels very much at home in Bea's Ozark living room as she tells her story, and is heartened and inspired to place first things first in his own affairs.

Other Greeting Booklets

The Challenge of the Dawn, Gifts for the Christ, God Is Blessing You Now, The Great Helper, Holy Bread, Life Is Consciousness, The Mental Equivalent, Prayer of Prayers, The Protecting Presence, Recipes for Living, White as Cotton.

Unity greeting booklets are artistic, colorful, and printed on fine paper. They are $3\frac{3}{4}$ by $5\frac{7}{8}$ inches in size, and with them come attractive mailing envelopes requiring only one cent postage. (Booklets are sent to you for remailing; we do not address them individually to your friends.) Price of the booklets, 10 cents each; 12 assorted (your selection or ours) for \$1.

UNITY SCHOOL OF CHRISTIANITY

917 TRACY, KANSAS CITY 6, MO.



PURPOSE

R. H. GRENVILLE

Hold high the steady lantern of your faith,
And bank love's fire securely in the night;
For there are those, far off, who look with hope
And strength renewed, because of this same light.

Think it not unimportant how you clear
The trail ahead, or hold the guiding flame;
For always someone follows where you go,
And always someone comes because you came.

Not for yourself alone, O pioneer,
Were ways made safe and shining, and the stone
Rolled from the path, but to prepare a way
For countless journeys other than your own.

Not for yourself alone, O pioneer,
The inner light and faith inspired of God,
But that all nations may be led to seek
The clean-swept places that your feet have trod.

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